

NEW!  
Advice column -  
'Pipe'

Dangers of climate  
change

Importance of  
human rights

# The Umoja Journalist

2 Umojan Dollars | Edition 2, 19 August - 1 October 2010

## Crime in Tanzania



*Resident of Arusha with map of Tanzania.*

By Isaya Denis and Fredy Lemmy

Crime is something that someone does that is out of the law. Example robbery, murder and other which is out of the law.

In Arusha we have different crimes which are happened. An interview done with a resident of Arusha revealed that in Arusha he saw different crimes such as theft

of stealing someone house and shop, robbery which sometime is done by using gun, bush knife and knife. This robbery is happening in banks, petrol station, shopping centre, supermarket and settlement of people where they break and take money or goods.

The reason why they do this is because of poverty, people don't

have money and they think the best way to get immediately money is to do such thing. Also desire money, lack of employment and lack of education to know that crime is not a good thing by the way.

In Arusha crimes are almost done at night time and sometime at a day time. *Continued page 3*

**...from the Chief Editor**

Jen Li

Technically, I am supposed to be teaching the students about how to create a newspaper. And I am. I am taught them how to do interviews, write in newspaper style language, and take photographs.

However, I think the most important lesson I have tried to teach the students is how to think critically. This is a lesson that I think is important, fundamental, necessary, vital... For everyone, and not just my students. Being able to think independently and question information and sources gives you the tools to analyse the world around you and see the big picture. It prevents you from being tricked or brainwashed, and gives you the ability to make judgements about your life that are not dictated by someone else.

In this round of newspaper, we talked about how you should question the source of information, and ask why that person, newspaper or business might be telling you what they are telling you. We also discussed whether you should believe all information you read or hear, or if it is better to evaluate what you are being told with your own experiences and ideas to deduce whether you should believe what you are told.

In my real life, I am a geographer. My love affair with geography began in my first year of university, and it has never wavered. I love geography because it is one big subject in critical thinking, in asking questions about the fascinating and wonderful world that we live in. We may never find the answers, but that is not necessarily the goal. What is more important is to ask the questions.

This edition of the Umoja Journalist is different to the first one: we have one extra cartoon, an advice column (which is not so much a column as it is a multiple-page feature), but as last time, fun was had by all in its creation. Read and enjoy!



*Left: Reporter Paul interviewing volunteer Miss Lisbeth.*

**...from the Student Editor**

Isaya Denis

Street children in Arusha have been increasing day to day and I think the main cause of street children is that:-

I think most of the family in they don't use family planning that they produce children while they don't have enough financial to care those children.

I think also most of the family is poor so once they bear children they fail to give them basic needs, then because of lack of basic needs at their homes children decide to find their own way and go to street to beg and finally they know that to be a beggar is a good way to them because of getting what they want and their life start there on streets.

Also I think AIDS/HIV is also the source of street children in Arusha. Once the parents have died of AIDS and no one is there to look after that children left by their parents, that children would become street children because they would need to have food, shelter and clothes and no one is already to give them such thing so they become beggar in order to get their needs.

I think also lack of education is a source of increase of street children. Most of the families are poor and once their children have completed standard seven and they fail to continue with secondary due to lack of money that children will remain at home and some of them will go to street to find other life because of hard life at their home.

Also I think careless of some family. Some of the family they don't care about their children and most of the time they use to drink and do other thing which is not helping their children. Other family they force their children to work and get money while they are young, so this makes harder to children then they decide to leave their home and go to street where they can get money through begging.

I think also some of the women get pregnant by being raped so once they bear that child she hate his/her because of that bad action which happened to her before. That women sometime they don't give that children food and other things important because she get that pregnant by faults.

**Editor's note:** The work contained within this newspaper is all the students'. With the exception of the editorial above, all articles are written by the students. Likewise, the majority of the photos are taken by the students.

**Staff of the Umoja Journalist:** Isaya Denis, Eunice Siwingwa, Pascalina Mmari, Philbert Charles, Mwanaisha Mhalima, Esta Mashelle, Fredy Lemmy, Paul Stanley, Mustapha Mbwana, Juliasi Josefu, Editha Mfof, Mwapwani Hamisi. Guest contributor: Japhet Solomoni.

## Healthy mind, healthy body

By Eunice Siwingwa

On Friday last week I have an interview with Mr. Hill about health and he told me that health is when your body is working and you feel



happy with inn mind and your all body will working properly.

And he told me that “there different type of health .But he knows two types one is Physiological health which is about your brain if it’s correct and well.

Another is Psychological health and it about the thought which you have if it’s correct and you don’t

have any depression”.

He said that “Nearly all food is good in moderation. The best are fresh fruits and vegetables and whole grains and water.

The other thing is exercise because if you don’t do something in your body I hope some parts of your body is waste.

Advice: Avoid sugar because is not necessary food and the body

doesn’t need sugar it have bacteria and it make you fat and has been link to cancer and tooth decay. Also you should avoid alcohol and bad smoking

And Mr. Hill add some advice to people that feeling good inside your head its good also when you feel good in side your body so usually happier people are healthier people . And the good thing if you do an exercise and eat a good balanced diet.

*Left: Mr Hill’s healthy diet*

## Crime in Tanzania

Continued from page 1

The people who are involve in this crime almost adult (the age between 17-40). These are the age involve because this is the age which they need to own money and other properties.

## What’s on at Umoja

By Isaya Denis and Mwapwani Hamisi

NAOMI DAY: Naomi is a visitor from England who came here in August and brought presents for all the students. Each student got different present like T-shirt, blouse, jeans, bags, and shirts. I done some interview with Pascalina about her bag and she said “she likes that bag because it has good colour and it is simple to carry”.

MUSIC CLUB: In music club students learnt about what is music, kinds of music, what feelings you get when you listen to music and also learn about making music with Mr. Hill. I have done an interview with Athuman about what he likes

Not all places in Arusha these crimes are happening but there are some places which are notorious of this crime. These places are Ungalimited, Ngarenaro, Shams, and Kimandoru where all these is within Arusha district. Also in Mererani the place of mining crime of killing each other because of money or if you have mineral like gold robbery can come and ask you to give them that gold by force and if you refuse they kill you and take gold.

music, and he said “it is a good way to advise people and to make them happy and he learn to sing and to made instruments”

ART CLUB: Umoja students has been learning about different types of art and making art with Miss Caroline and Miss Victory. In art they learn to make picture and painting them with different colours

CHAI: Pick `n` Pay, a local retailer has donated tea for the students of Umoja. This started on Wednesday 22<sup>nd</sup> September and every student was very

Crime is the same all our world. But in England there is more technology crime. The police have a lot of equipment to fight crime. There is quite a lot of crime in England People become criminals because they are not happy, they are greedy, or they lack education and opportunity. Education, respect and community help fight crime.

happy to get this.

KEY SKILLS: On 24<sup>th</sup> September we had an exam of key skills for both Beginners and intermediate. This is was a monthly test and every one done it.

*Student Shaibu studying.*



## Growth of development in Arusha due to tourism

By Isaya Denis



Above: Zanzibar beach

The development in Arusha has been growing day to day through different sources such as mining like Tanzanite, Tourism and other sources. Tourism is contributing high percentage of development in Arusha due to having more than one National Park which is found in northern circuit of Tanzania. These National parks are Arusha National park, Manyara National Park, Tarangire National Park, Serengeti National Park and Ngorongoro crater.

Through these parks many tourist all over the world has been

coming here to visit different attractions which are available in these parks. Apart from these parks also we have good accommodations, we have good roads, big hotels also we have different companies which are helping to travel the tourist to different parks and other attractions and these companies

earn a lot of money from these tourist which also rise the economic in Arusha.

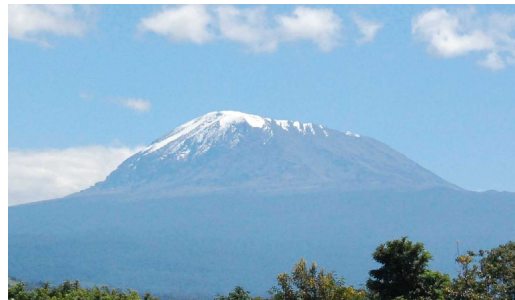
Also we have International air port which is located near Arusha which also helping the tourist easily access to come to visit our attraction and through this we earn a lot of money which bring development in Arusha.

Also have mount Meru and Kilimanjaro which the tourist likes to climb and we enter a lot of money. Through these mounts it benefits the

people and our region. That money we earn from different sources of tourist it helps the region to improve their infrastructure such as building good roads, hospitals, schools, big buildings like hotels and others.

This tourism is seasonal, it has high seasonal which starts on June up to February and low seasonal which starts on March up to May, so during high seasonal many tourist come to visit this different attraction which bring development in Arusha.

Below: Africa's famous Mt Kilimanjaro.



## A story about education

By Juliasi Josefu

Education here Umoja Centre is very important because we have some volunteer They are just to help us to learn many things like computer, English. Here

Umoja Centre is very important for us and we are future life so Umoja Centre is good they are just show us light of that life for use education we will make good

life for we are future life so education is very important for every body because without education you can't do anything in your life so education

important more for every person.

## First aid advice

By Pascalina Mmari

The first aid is an immediate temporary care given to a person, who have been injured before taking to the hospital. First aid kit is a box which consist of all thing which needed when you take care of patient.

Also is to take care to person who has a different accident .Miss Eunice said

“The things which needed in first aid are pair of scissors, soap, bandage, plaster, spirits and some water”

Also she said ‘people if get burning, you start to put a cold water in the wound and take a scissor cut a upper clothes in order to see the wound which caused by burning, then wash and brush it with clean cold water and put antiseptic or spirit, use a gauze to tight it with bandage.

Also if you get poisoning, the aim is to prevent spread of poison, and to induce vomiting by giving milk or water.



Right: Umoja's first aid kit

## Sports in Arusha

By Isaya Denis

In Arusha we have different sports which are done here. These different games are basketball; this almost done at Soweto place.

We have golf and tennis which is done at Gymkhana. We also have netball which is done inside Sheikh Amri Abed Stadium.

We have car races and motorcycle races which is done which is seasonal and it is done countryside of Arusha.

Also we football which are most popular because it is done in different areas compared to other games.

Football has many competitions which are done between teams from different places or school

competitions.

In Arusha we have one team called Arusha Football Club which is participating in premier league of Tanzania called Vodacom Premiership.

Also we have small club and school club which are participating only inside of Arusha. AFC actual do not do well because it does not get enough support from the residents.

The less support which it gets is not enough to make them to compete with other big team like Young Africa Sports Club, Simba Sports Club, Azam Sports Club, and Mtibwa Sports Club and other which are in premier league. Due to this it will be difficult for

this team to be a champion.

It is a team of residents of Arusha but the residents they provide less support to his team; but if they want to do better in premiership they have to invest a lot of money, register good player, have a plan after a certain year this team

will be best in premier-

*Below: Athlete Athuman*



## Human Rights

By Japhet Solomoni

Human right is things important for everyone all country.

Human right can use for everyone. In here Tanzania some people they did not like human

right because some people they liked to force everything. Their job maybe have a business.

They used any transport to going in their business. I used a bike for example crashed for car and then to falling down. But also that driver he cannot to give some

money to get a medicine or to talking with me. He will start the car and then to go.

Every has stronger but they don't want making a real life. They are bit a wives they were going police station so as to tell commissioner. Commissioners he sending group

of police in order that to catching their husband to get a prisoner. They are getting punishment to prisoner for two month or three years.

So human right it was fighting for human because they have stronger.

Human right it is your light in life.

## The Match Between Umoja Centre and Arusha Secundaru School

By Esta Mashelle

The student of Umoja Center they want to play football with the student of Arusha Secondary School ICC CLUB.

The time from Umoja Center they won mach for five points and the time from Arusha Secondary School they got zero.

After finished mach the match from

Arusha Secondary School, they make mistake in the compound they beating other student from Umoja Center and take something from Umoja Centre. After make mistake the police they came to stop fighting and catch other student from Arusha Secondary School and take them to police station.

A business was buying and selling thing, there are many advantages in business. If you want to do the business you have to have enough capital. And there are many important in our business activities: to save life, to make friendship and to communicate for every person.

And these are these are disadvantages in our business: you must to be tolerant, to in be careful in order to avoid any kind of disturbances also to be

## The Business Report

By Mwanaisha Mhalima

trust in every problem. To be careful in order to get our success in our economic activities due to struggle in your life also to be trust in our customers by selling good things. Another issue to mind own your business.

She said that she got 50 percent per day and she likes your business also she has an experience for five years and she got our risk behavior.

## The problem of climate change

By Pascalina Mmari

Climate change is human destroyed the environment and temperature of the world changes.

Things which cause are people who do not recycle, farmers who produce too much meat

and electricity.

Miss Victory said “industries contribute the climate change example:

clothes company, car company, fishing industries and company who produce power such as charcoal and electricity”.

Also she said “climate change can cause disaster because the world gets hotter so ice caps are melting and cause flood, also drought”.

The countries leads to cause climate change are -USA, UK, Australia, China and India because of more people and high economic growth.

People need to escape climate change is real listen to scientist change the way they think act and live.



Left: The environment of The Umoja Centre.

## The rain in Tanzania

By Esta Mashelle

In Tanzania there is a huge rain and it was raining on April, May, September and October.

People living near the river they get many crops when it was raining so they like there life near the river because they shower farm.

Sometime they get problem because same rivers it has a lot of water so people die because of water.

The kind of disease they get is typhoid because they drink the water which is not clean.

They produce all crops like maize, beans, cas-

sava, coconuts, potatoes, bananas and coffee.

Maize crops in Arusha



## Transport in Tanzania and England

By Mustapha Mbwana

Miss Caroline know bicycle, motorcycle, aeroplane, bus and daladala

Here in Tanzania we have better driver. If we want to be better than more like Kenya every matatu in Kenya it have a seatbelt it is very important because protect passengers belt its organisation.

England transport if you travel with train is very expensive more than an aeroplane

When she was 21 years old she drive a car herself too fast and it was raining and when she stopped another car crash her car. She saw many daladala its don't have seat number and seatbelt here in Tanzania.

Mr Hill said that in England you must follow the law about transport. If you go against to the law you will get big trouble. But he gets exclamation in Tanzania when

you make mistake you pay some money to policeman then you can continue to travel.

When you make mistake on the road or when you drive a car without licence or your car it is not right and you have passenger inside and

your car doesn't have any sign which can show the problem of your car you can have big accident and it may cause death of the people.



Above: Mr Hill by the Umoja car.

## Differences between England, Denmark and Tanzania

By Paul Stanley



Above: Daladala

Mr Hill is man who travels from England to Tanzania for few months ago. I have done an interview with him to differentiate the travel of England and travel of Tanzania and he said that "the travel of England travel compared to Tanzania is very different because in England they

use trains while in Tanzania we don't have and we use daladala and it's very cheap".

In Tanzania the road is very bad with many holes. In England they have nearly all tarmac roads. Here in Tanzania he likes to travel with daladala except when there are too many people in that daladala because he likes conversation.

In UK they use a train which is very fast and every one is get a seat but is very expensive. They cannot travel for a short distance you can only go between sta-

tions. When you use train to travel, it's not normal for an accident to happen but on daladala there are many accidents.

Miss Lizbeth is woman who travels from Denmark to Tanzania a few months ago. I have done an interview with her to differentiate the travel of Denmark and travel of Tanzania and she said that "the travel of Denmark compared to Tanzania is very different because in Denmark many people they are travel by bicycle because environment it's good when the people to take bicycle".

They also many

cars in Denmark and cause an accident because the car is drive very fast and people orphan die. In Denmark you need drive lesson to drive motorcycle. In Tanzania many road is bad and the police traffic is more danger in Tanzania because many people they don't know really to drive a car.

In Tanzania when we use daladala its very cheap but in Denmark when they use a bus to travel is very expensive. It will be good idea to get better education of the driver both for cars and motorbike.

## The story of safari

By Juliasi Josefu

One day our family went to see animals in the National Park. In the park they must be quiet in the park because in the park there different animal in the park so they must be quiet and be careful most in the park because there

dangerous animals in the park.

In the park they were said they didn't see any an elephant in the park but they were see some animals like lion, zebra, chimpanzee, hyena in the park so they en-

joyed very well in the park but they did visit in the park for seven hours so they were tired because they did visited many pleases in the park and forest.

After went home they did talk about some

animals they were see in the park after finished to read a story about animals they slept tomorrow they were went to the market to buy something like ripe banana and they bought rice and potato.

## The adventure of Jen from Australia to Africa

By Isaya Denis



Above: The truck Jen travelled on.

Jen is a lady who comes from Australia. After she stayed many years in Australia she decided to do an adventure from Australia to Africa and her adventure started like this. It was amazing and nice

journey to her. First she took a plane from Australia and passed through some point up to Cape Town in South Africa and took twenty six hours to reach there.

After she arrived in South Africa she organised with other people

who also were in adventure. Then another journey of Jen started but now they used truck as means of transport to them. They passes through Botswana where they rested for few days then they went to Namibia where they also spent few days then they enter to

Zambia. From Zambia they traveled up to Malawi and they done some adventure then they came in Tanzania and they rested in Iringa

Those countries that she was passing through she was visiting attraction places that was

so exciting to her.

While she was in Tanzania she went to Zanzibar where she visited different attraction places and some working safari then she went to Arusha. In Tanzania she also visited Ngorongoro crater and Serengeti National Park.

The adventure of Jen from Cape Town up to Tanzania took 45 days. It was amazing journey to her and she really enjoyed that an adventure. This is due to she did not meet with any difficulties in the whole journey.

## Isaya's favourites

By Philbert Charles

He like computer because he want to keep going well in his future. "I have to struggle harder and harder to reach my goals" said Isaya. "I don't be leave in God because I didn't and I never see or meet with God so how can I be leave in God?" said Isaya.

Isaya's future after being fighting for the way is, "I want to become the computer engineering because I dreamed about it for along time so as to build my future and not only that but also I will open internet café because this also was the thing in my future and here in Tanzania the business are still opening and industries so I knew that all they will need computer to ride their business or industries egg. If they want to advertising their business they will a computer to made it, may be you have a friend in USA there and you want to chart with him or her you will need a computer so you will use internet café to chart."

He likes sports also because he is player but what about in his country? "Here in Tanzania I like Dar younger Africans football team because it is performing well and I will struggle as how is needed because my wish is to be come among Dar younger Africans player so it is one day. The Tanzania soccer is different than other countries like Algeria, Nigeria, and Cameroon etc. Here in Tanzania we have many skills but problem is some grounds, instruments and leading process also it is not good in case of economic".

## Philbert's future

By Mwanaisha Mhalima

His future it will be in IT programe in order to make high economic development in our country. Also he would like to be only in office while he dislike to be employee in any other office in order to get money due to strugglement in our economic activities.

He likes pink colour because you will make it happy. He likes Ugali and Dagaa. Also he likes to have own your job in order to control well your life and he dislike any kind of disturbances which occurs in a certain offices.

He likes to

have a family if the eco-

Below: Philbert in Umoja. nomic it will be better also he likes to speak English and other languages like French.



## The food of Tanzania

By Eunice Siwingwa

The Tanzania food is really delicious because all people who live in Tanzania are happy and they enjoy when they have their food.

Last week I had an interview with Tanzania lady. Pascalina and she told me about her favorite's food.

Pascalina said about her favorite's food which is Chips and also she taught me how to prepare it.

She starts by pill the potatoes and washes them with clean water, cut them into small pieces and to remove the dirty water. She prepare a saucepan

and cooking oil, she light the fire and puts a saucepan and cooking oil into a saucepan. Then she waits after five minutes and puts the potatoes, after twenty minutes she looks the potatoes if already. Then she removes the potatoes from cooking oil to clean dish.

She prepares her food on a table and also welcomes her friends to it with her. Also I asked her if she can't has her favorite's food in two days, how was she felt? She answered like this I will not feel well because I real love my food and I feel conscious when I miss it.

The other question was in a week how many days were you eat your lovely food?

In a week I eat two days and if I miss it for a long time I will eat four days or for all week.

For me it's so amazing to hear that because I found that people really like their food. Pascalina also add one thing that when she finished to eat she will go to drink a lot of water



Above: Ugali and vegetables, a traditional Tanzanian dish.

for that day because chips is so dry.

### The trends of 2010!

- Ever-popular is the Umoja T-shirt, as seen on Athuman
- Stripes are 'in', as Happy shows
- The classic denim jeans will always have a place (Philipo)
- Glasses are cool (Loni)

## Feature: The fashions of Umoja

By EuniceSiwingwa



### Philipo, left:

Philipo said he wearing that type of clothes because it's good and simple to get it. He buys in the market and it's cheap and simple to find it.



### Athuman, left:

Athuman said he wearing because it's represent his school and he likes Umoja. He gets in Umoja Centre because it kind of uniform.



### Lonisa, right:

Lonisa said, she wearing that because she want to cover her body and because it's good to her and she really enjoy about her clothes. She buys to the market and it's cheap and simple to find it.

### Happy, right:

Happy said she wearing this clothes because it's good to her and she feel happy when she have this clothes and she feel comfortable and free sometime. She likes the way her clothes fit her body. She buys from the market and it's cheap and simple to buy and find it.

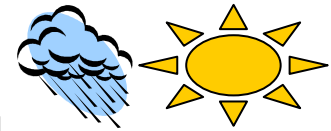


## Weather report

By Esta Mashelle

Tomorrow it be rain in the morning. After rain the sun it will shine after, shine the huge rain

it will start again. The day after tomorrow the sun it will be shine all day



At night there will be rain again.

## Dear Pipe

*The Umoja Journalist's advice column, with advice from Pascalina, Isaya, Philbert and Eunice.*

Dear Pipe,

One day a policeman came to catch me without knowing anything. He said I stole a car but I know I did not steal any car. He did not believe me so police wants to put me in prison.—Framed, Arusha

Framed,

Very sorry my dear. First have confidence because the law does not bring someone into prison without any witness, so let the police take you to court. After you reach there defend yourself by asking the police why he caught you without any reason and ask him to show the witness from that issue. Then the law will take position to know the truth.

Dear Pipe,

My house was destroyed in a flood, and all my goods were destroyed. M family is safe, but now I need to find somewhere to live. Please give me advice.—Homeless, Arusha

Homeless,

Ohhh!!! My dear, sorry for that. The best advice is go direct to government and tell them everything about what happened to your family. If they have mercy they can try to give you a place to live with your family. If they don't help you I can try to talk with my mother and we can share our house although it's too small. God be with you and protect you through these hard times.

Dear Pipe,

When I went home I fell down because I was sick. I took something and I went to hospital for a test. I have malaria. What can I do to be more healthy? - Ill, Arusha

Ill,

You have to drink a lot of water and doing some exercise to as to keep your body fit to fight off diseases. You have to use mosquito net, clean your environment, remove all part covered by water around your

environ-  
ment. And  
make sure

you use  
medicine of malaria. Go to see the doctor for treatment if necessary. Not only for malaria but also in other diseases like diarrhoea. You have to be attention to diseases because it can cause death, which is dangerous, all we need life so be careful and take care of your health e.g. by eating a balanced diet.

Dear Pipe,

I am 20 and I am married. My wife has problems with her womb and we don't have a baby. I really want a baby. I don't know what to do.—Childless, Arusha

Childless,

You have to stay closer without blame about anything because problem already happen. So you just receive results as how you have see. Decision-making within you and her so as to know what to do in order to have a baby and if it is difficult to have a baby don't fire her to find another because you have to solve this problem so as to get good solution but not to leave someone to suffer.

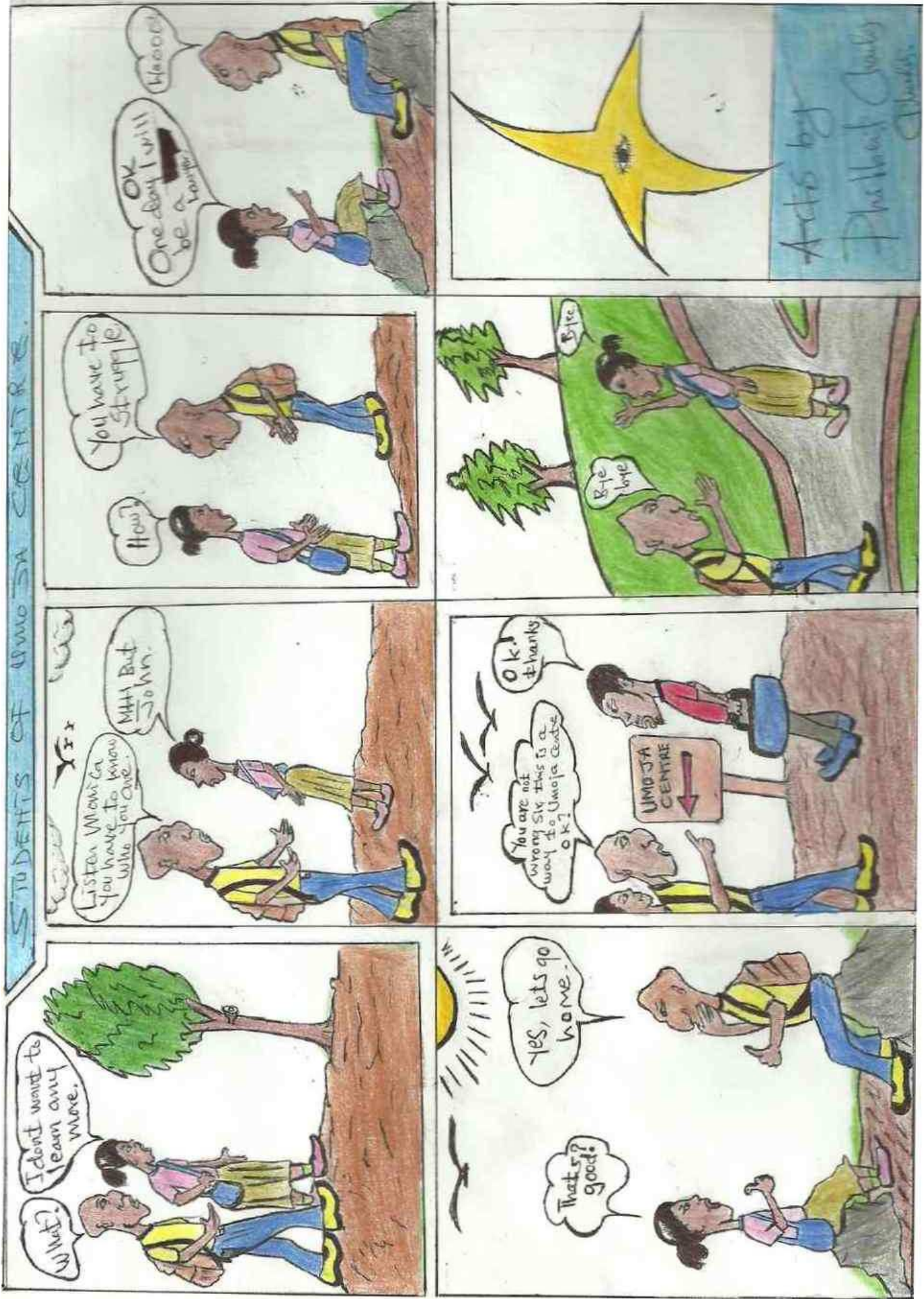
Dear Pipe,

I am 20 and working as a receptionist in an office. I have been working here for four months and everything has been good. Now my boss is saying that if I want to keep my job, I have to have sex with him. What should I do? - Confused, Arusha

Confused,

I am sorry for that my dear. My advice is to go to the place where you can explain your problems and I hope they can try to look how they can help you. The first place is you try to go to the place where they don't agree with the corruption of sex because this is the kind of corruption. I hope they can think of the best way to help you.





If you need Development  
Love Education

Acknowledgements

By EARTH X

The Umoja Journalist was created at The Umoja Centre in Njiro, Arusha, Tanzania. The editors and staff gratefully acknowledge the assistance and co-operation of the following people: Caroline Goody, Victoria Ryder, Hill, Lisbeth Kiehn, Gerry Mkemangwa, and Athuman Swalehe.

